

STOP ILLNESSES FROM SPREADING in the Waiting Room!

**Cover your
nose and mouth
with a tissue
when you
cough or sneeze.**



**Throw away
the used
tissue in a
trash can.**



**Don't Make
Someone
Else Sick!**



**Wash
your hands
a lot.**



**You may
be asked
to wear
a mask.**

A MESSAGE FROM

NEW MEXICO
DEPARTMENT OF
HEALTH

Building a Healthy New Mexico!

For more information contact: <http://www.epi.health.state.nm.us>