

# Adult Urgent Care When You Need It



## Where are you located?

In the main UNM Hospital building.

## Do I need an appointment?

No. Urgent care is first come, first serve.

## How long will I have to wait?

It depends on how many patients are there, and how sick some patients are.

## Who will care for me?

A Nurse Practitioner will see you and treat your problem. They have advanced training in urgent care.

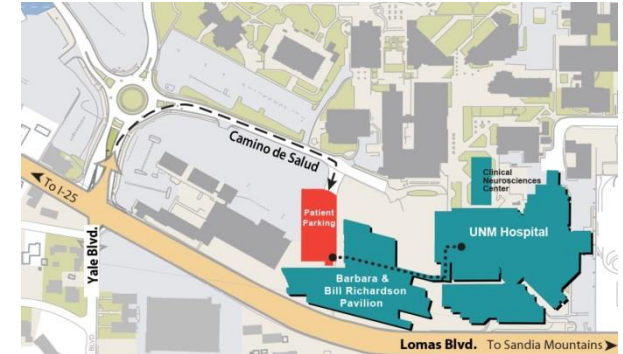
## Have Questions?

Call 505-272-9646

**In an emergency, call 911 anytime, day or night.**

## Urgent Care

2211 Lomas Blvd. NE•  
Albuquerque, NM 87106  
Phone: 505-272-9646  
Fax: 505-272-2888



## How to Find Us

- Urgent Care is in the main hospital on the 1st floor.
- From the parking structure, go into the building. Walk past the coffee shop and eating area.
- Go to the top of the ramp. Turn left into the hallway.
- Go the first clinic on your left.

## Urgent Care may be right for you if you:

- **Need medical care right away, but your regular clinic is closed**
- **Can't get an appointment when you need it**
- **Have a health problem that is *not* life-or-death**

## When to Go to Urgent Care

If you're an adult, 18 years or older, come to Urgent Care when you **can't** get into your regular clinic. But come **only** if your problem is **not** a life-or-death emergency.

Here are some of the problems we treat in Urgent Care:

- Colds and flu, pink eye, sore throats and coughs, ear pain, and tooth pain
- Insect bites, rashes, hay fever, and minor asthma attacks
- Minor cuts and burns, back pain, and sprains
- Sick stomach
- Pain or trouble peeing
- Ingrown toenails
- Some STDs (sexually transmitted diseases)

## When *Not* to Use Urgent Care

Urgent care is for treating minor problems that can't wait. Please see your regular health care provider for:

- Long-term illnesses
- Mental health problems
- Routine check-ups and tests
- Shots

## When to Get Emergency Help

Call 911 or go to the Emergency Department for any of these problems:

1. Trouble breathing
2. Chest pain, feeling very dizzy or passing out, seizures
3. Bleeding that won't stop or **any** bleeding when pregnant
4. Feeling very weak or can't walk
5. Broken bones
6. Car crash, neck or back pain after an accident
7. Head wound or severe pain in the head, stomach, or belly
8. Poisoning or swallowing an object
9. Bad burns
10. Severe asthma attacks
11. Bad wound to the eye
12. Severe allergic reaction
13. Extreme water loss (dehydration)
14. Sexual abuse or rape
15. Any other serious problem that could be life-or-death